Laughlin, Nevada

Get Moving, Rest, Repeat

<u>Day 1</u>

Visitors can paddle year-round on the lower Colorado River and enjoy kayaking or canoeing at its finest. Visit the many cultural and historic sites, and view colorful rock formations, deep

canyons and spectacular desert wildlife in the Black Canyon and Topock Gorge. Explore Lake Mohave or tour the Havasu National Wildlife Refuge. Returning to Laughlin in the afternoon for rest and relaxation, enjoy the spa services and salons at the Laughlin resorts. Massage services include therapeutic, hot stone, neuromuscular therapy, Reiki, reflexology, herbal wraps and aromatherapy. Or, pamper yourself with a soothing facial, pedicure and manicure.





<u>Day 2</u>

Located a short seven miles from Laughlin's glittering casino hotels is Christmas Tree Pass. Travel two miles on a graded dirt roadway to the trailhead of Grapevine Canyon. An easy hike of a quarter mile on a cleared trail takes you back to the ancient Indian petroglyphs adorning the sheer canyon walls. Continue further back into the canyon to see wild grapevines, natural running waterfalls, unusual rock formations and a rock arch. Back at your home base Laughlin resort, don your swimsuit to enjoy the 350+ days of sunshine lounging poolside.

<u>Day 3</u>

The newest trail system in Laughlin is the Colorado River Heritage Greenway Park and Trails. There are 5 1/4 miles of hiking, bicycling and equestrian trails to enjoy only blocks from the Laughlin hotels. Four trailheads, picnic ramadas, fishing nodes, restrooms and a day-use area connect Laughlin's exciting casino main street to Southern Nevada's



natural beauty. Interpretive signs are scattered throughout the trails as points of interest. Afterward, let the paddlewheel boats take you on a relaxing 1 1/2-hour river cruise along casino row. See the hotels from the river's vantage point, listen to a narrated historical account of Laughlin and enjoy a cool beverage from the galley's snack bar.

For more information Southern Nevada Regional Office/LVCVA Meg McDaniel <u>mmcdaniel@lvcva.com</u> 877-685-2845 702-298-3022